



Department of Physical Medicine of Tbilisi State Medical University was established in 2017, immediately after opening of Physical Medicine and Rehabilitation Faculty. In 2007-2011 the department was led by the Associate Professor Igor Dolidze. In 2009 Department of Functional Morphology was established on the Physical medicine and Rehabilitation Faculty. Direction of Exercise Physiology & Biochemistry of this department was lead by Associate Professor Manana Rukhadze and Direction of Dynamic Anatomy & Neuroanatomy of the same department was lead by Assistant-professor Grigol Sulaberidze. Integration of abovementioned structures into Physical Medicine Department was implemented in 2017. Since 2011 Professor Lela Maskhulia is the Head of Physical Medicine Department. In the department students of the Physical Medicine and Rehabilitation Faculty study basic disciplines of Physical Medicine, obtain knowledge about prevention of disabling conditions, their diagnostics, treatment, rehabilitation management, as well as clinical skills for application of modern physical rehabilitation methods and technologies. Physical Medicine department is in charge of implementation of Master degree program in Sports Rehabilitation, also the department is involved in Pediatric Rehabilitation Master program.

Research interest of the department includes: adaptation of cardiovascular and musculoskeletal systems to the physical workload, role oxidative stress in the pathogenesis of cardiovascular and musculoskeletal disorders due to intensive physical training; overtraining in sports; physical rehabilitation after sports injuries; physical rehabilitation after knee surgery and arthro-fibrosis due to injury; management of shoulder injury with use of physical agents; physical exercise in cardiovascular disease prevention and rehabilitation.

Current academic staff and invited teachers of the Physical medicine department: Professor Lela Maskhulia, Head of the department, Associate Professor Marine Matiashvili, Associate Professor Anna Gogelia, Associate Professor Grigol Sulaberidze (leads Dynamic Anatomy course), Associated professor Zurab Kakhbrishvili, invited teachers – Valeri Akhalkatsi, Tamar Chutkerashvili, Khatuna Urushadze, Sopo Shagidze, Lali Gabashvili, Mzia Putkaradze,

Temur Mikiashvili, Maia Nemsadze, Meri Pataraiia, Eter Abaishvili, Iza Revia, Michael Gorshkov, Igor Dolidze, Elene Tskrialashvili, Nino Gorduladze, Sophio Tsintsadze, Givi Koberidze, Teona Shavshishvili, Madona Modu. Laborants: Maia Nemsadze, Eliso Epremidze.

