

Introduction to Specialty 1

Exam topics:

1. Historical aspects of specialty
2. Health, disease, impairment,
3. Disability, handicap
4. Definition and essence of Physical Medicine and Rehabilitation
5. What is Rehabilitation.
6. The Bio-Psycho-Social Model of Disability. PRM is guided by a bio-psycho-social approach to rehabilitation.
7. ICF – International Classification of Functioning: Health condition, body functions and body structures.
8. ICF – International Classification of Functioning: Activity, and participation,
9. ICF – International Classification of Functioning: Environmental and personal factors.
10. Definition of Rehabilitation; acute, subacute rehabilitation, rehabilitation of chronic conditions.
11. Lachman test
12. Shoulder range of motion (ROM),
13. Drop arm test
14. Back range of motion (ROM)
15. Lasegue test
16. Knee range of motion
17. Varus stress test
18. Valgus stress test
19. SLUMP test.
20. Manual Muscle test (MMT)-**general approach.**