

Introduction to Specialty 2

Final Exam Topics:

1. Physical Medicine and Rehabilitation (PMR) – autonomous specialty.
2. Undergraduate education in PMR.
3. Philosophy of PRM.
4. Aims and Outcomes of Rehabilitation.
5. Principles of Physical and Rehabilitation Medicine.
6. Rehabilitation Team.
7. Multidisciplinary, interdisciplinary, and trans-disciplinary approach to rehabilitation.
8. Patient and family.
9. Role of physical therapist in rehabilitation.
10. Standards of PMR and main competencies of physical therapist.
11. Diagnostics, assessment and evaluation.
12. Rehabilitation plan.
13. Interventions used in PMR.
14. PRM Practice – Clinical Activities and Settings.
15. Pulse assessment (heart rate).
16. Assessment of arterial blood pressure on brachial artery.
17. Assessment of Range of Motion (ROM).
18. Hofmann-Tinel test/sign.
19. Phalen's test.
20. Assessment of hip range of motion.
21. Prone instability test.
22. Active SLR (Straight Leg Raise).
23. FABER – Patrick test.
24. Scour test
25. Shoulder shrug sign