

## **Therapeutic Massage, final exam topics:**

- Indications and contraindications of therapeutic massage;
- Relaxation and stimulation massage techniques, sequence, depth, rhythm and tempo;
- Principles of Combination Massage with other rehabilitation techniques;
- Physiological influence of massage therapy on muscular-skeletal system;
- Massage for posture problems: flat back, sway back, kyphosis,
- Kyphotic-lordotic posture, scoliosis
  
- Therapeutic massage for frozen shoulder;
- Therapeutic massage for rotator cuff;
- Therapeutic massage for joints diseases
- Therapeutic massage for Infant Torticollis,
- Therapeutic massage for hip joint dysplasia in children, flat foot, valgus and varus leg deformity.
  
- Therapeutic massage for Central Nervous system diseases;
- Therapeutic massage for Peripheral Nervous system diseases;
- Therapeutic massage for intervertebral disc degeneration diseases: Spondylosis, spondyloarthritis, protrusion-prolapse-herniation;
- Therapeutic massage for lumbar radiculopathy and sciatic nerve problem;
- Therapeutic massage after surgery
- Therapeutic massage after brain stroke.