

## Exam Topics “Basics of Psychology”

Faculty of Medicine; Semester III (2.1)

### Psychology and Life

- Definitions
- The Goals of Psychology
- Perspectives on Psychology

### Motivation

- Functions of Motivational Concepts
- Sources of Motivation
- A Hierarchy of Needs
- Need for Achievement
- Attributions for Success and Failure

### Emotions, Stress and Health

- Basic Emotions and Culture
- The Impact of Mood and Emotions
- Physiological Stress Reactions
- Psychological Stress Reactions
- Coping with Stress
- The Biopsychosocial Model of Health
- Health Promotion
- Treatment

### Understanding Human Personality

- Categorizing by Types
- Describing with Traits
- Traits and Heritability
- Freudian Psychoanalysis
- Evaluation of Freudian Theory
- Extending Psychodynamic Theories
- Humanistic Theories
- Mischel’s Cognitive-Affective Personality Theory
- Bandura’s Cognitive Social-Learning Theory
- Evaluation of Social-Learning and Cognitive Theories
- Dynamic Aspects of Self-Concepts
- Self-Esteem
- The Cultural Construction of Self
- Evaluation of Self Theories
- Comparing Personality Theories
- Objective Tests

- Projective Tests

## Psychological Disorders

- Deciding What is Abnormal
- The Problem of Objectivity
- Classifying Psychological Disorders
- The Etiology of Psychopathology
- Generalized Anxiety Disorder
- Panic Disorder
- Phobias
- Obsessive-Compulsive Disorder
- Posttraumatic Stress Disorder
- Causes of Anxiety Disorders
- Major Depressive Disorder
- Bipolar Disorder
- Causes of Mood Disorders
- Gender Differences in Depression
- Suicide
- Borderline Personality Disorder
- Antisocial Personality Disorder
- Somatoform Disorders
- Dissociative Disorders
- Major Types of Schizophrenia
- Causes of Schizophrenia
- ADHD
- Autistic Spectrum Disorder
- The Stigma of Mental Illness
- Therapies for Psychological Disorders